This institute will guide teachers through the three centuries of history that belong to Mobile, Alabama’s oldest city. Teachers will learn about the area’s native people, visiting the University of South Alabama’s Archaeology Museum to discover what we know about their lives and how we know it. Teachers will tour the History Museum of Mobile to explore the lives of the European colonists who took over the area of Mobile, how they lived in the early years of the city, and what the young city looked like. This institute will also cover Mobile’s history of slavery, using oral history to show the institution’s role in Alabama’s past. Teachers who attend this workshop will receive classroom resources, access to primary sources, and the confidence to engage their students in Alabama’s history.