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**FOOD FOR THOUGHT PRESENTATION ON JUNE 16 AT NOON
THE JOURNAL OF SARAH HAYNSWORTH GAYLE, 1827 - 1835
PRESENTED BY RUTH TRUSS**

Montgomery, AL (6/3/16) - *Food for Thought* continues another year of fascinating and informative lunchtime lectures on the rich history of Alabama at the **Alabama Department of Archives and History** on **Thursday, June 16 at noon**. Ruth Truss will present *The Journal of Sarah Haynsworth Gayle, 1827 – 1835*.

Written from 1827 to 1835, Sarah Haynsworth Gayle's journal provides intimate insights into life in early Alabama as experienced by a young wife and mother. Sarah was the wife of John Gayle, a lawyer, politician, and Alabama's seventh governor. Frequently at home alone caring for the couple's numerous children, Sarah's journal became the social and intellectual companion to which she confided stories that reflected her personal life. Gayle's journal is among the most widely cited accounts of antebellum life in the American South, as she touched upon many facets of her world—education, health, violence, religion, slavery, children, and others. Edited by Sarah Woolfolk Wiggins and Ruth Smith Truss, the University of Alabama Press published the complete journal in 2013. This presentation will focus on both the content of the journal as well as the editorial processes necessary for publication.

Dr. Ruth Truss is professor of history and chair of the Department of Behavioral and Social at the University of Montevallo. She received her Ph.D. from the University of Alabama, where she worked with Dr. Sarah Wiggins. As a graduate student, she assisted Dr. Wiggins with the editing of the *Journals of Josiah Gorgas, 1857-1878*, published by the University of Alabama Press in 1995. She again worked with Sarah Wiggins on editing the journal of Sarah Haynsworth Gayle. Dr. Truss is the author of several journal articles and a book chapter on the topic of the Alabama National Guard. She and her husband have one son and reside in Clanton, Alabama.

Food for Thought is made possible by the Friends of the Alabama Archives and a grant from the Alabama Humanities Foundation, a state program of the National Endowment for the Humanities. The public is invited to bring a brown bag lunch. Complimentary beverages are provided. **Admission to *Food for Thought* is always FREE.**

The Alabama Department of Archives and History is located in downtown Montgomery, directly across the street from the State Capitol. It is the state's government records repository, special collections library and research facility, and is home to the Museum of Alabama, the state history museum. The Archives and Museum are open Monday through Saturday, 8:30 to 4:30. To learn more, visit www.archives.alabama.gov or call (334) 242-4364.

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